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## Lose the Training Wheels Bicycle Camp

For Children with Special Needs

Did you know that only 10% of children with Down syndrome and 20% of those with autism ever learn to ride a bike?

This camp will help teach up to 40 children with special needs how to ride a conventional bike without training wheels. We provide specialized bicycle riding equipment developed by Rainbow Trainers, Inc., as well as a team of experts and volunteers.

Each child will attend one 75 minute session per day for five consecutive days. There will be 1-2 volunteers assisting the trainers with each child.

Our goal is to change the lives of children by teaching them a skill that will build self-confidence, provide inclusion with their peers and open the door to unlimited recreational opportunities. Bicycle riding can also provide transportation for adults looking for meaningful employment

This program has an 85% success rate.

### Can you help?

To volunteer please contact Gene Carpenter at [gpc123@comcast.net](mailto:gpc123@comcast.net) or Christina Oxford at [5oxfords@comcast.net](mailto:5oxfords@comcast.net)

## Volunteers are Needed!

Can you give 75 minutes a day for 5 straight days to help a special needs child ride a 2 wheel bike? Are you at least 18?

We need 12 volunteers per session (see times below) or 60 volunteers to assist children and young adults as they master this important task. We do need a commitment for the week for the time slot(s) so that you can build a rapport with your rider to create a trusting relationship.

This camp is held all over the country but this is only the second time it has been held in South Carolina. The Down Syndrome Association of the Lowcountry is excited to bring this opportunity to the entire special needs community.

### When

July 25-July 29, 2010

### Where

North Charleston Convention Center  
5001 Coliseum Drive Charleston

### Schedule

Session A 8:30-9:45  
Session B 10:00-11:15  
Session C 11:30-12:45  
Session D 1:45-3:00  
Session E 3:15-4:30

